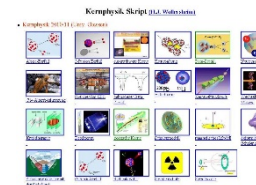


# Outline: Helium burning

Lecturer: Hans-Jürgen Wollersheim

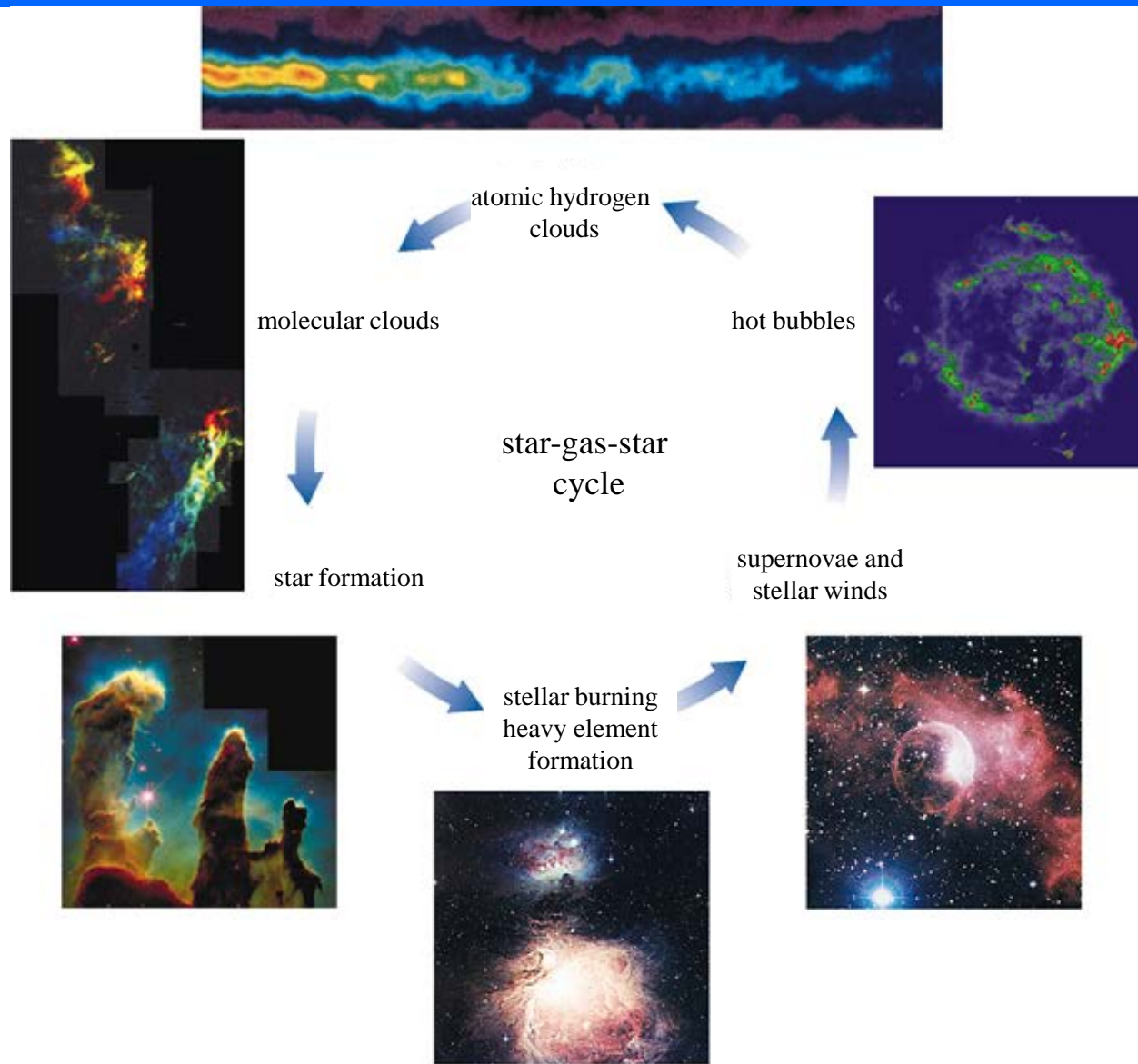
e-mail: [h.j.wollersheim@gsi.de](mailto:h.j.wollersheim@gsi.de)

web-page: <https://web-docs.gsi.de/~wolle/> and click on



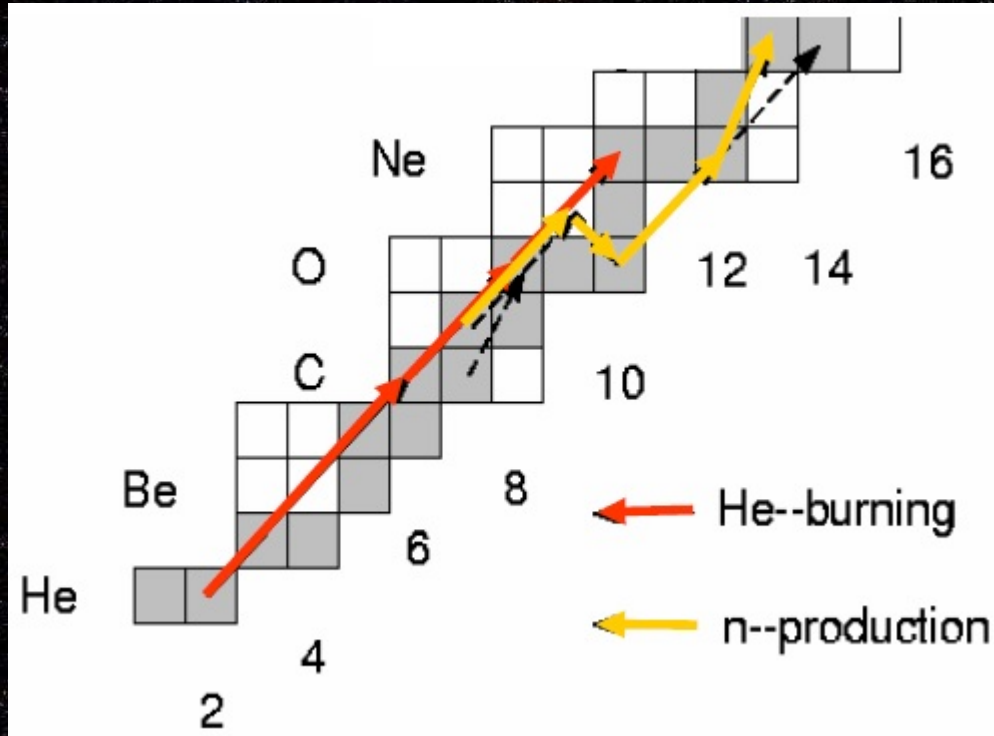
1. critical reactions in He-burning
2. the  $3\alpha$  reaction as two step process
3.  $^{12}\text{C}(\alpha,\gamma)^{16}\text{O}$  reaction

# The star-gas-star cycle

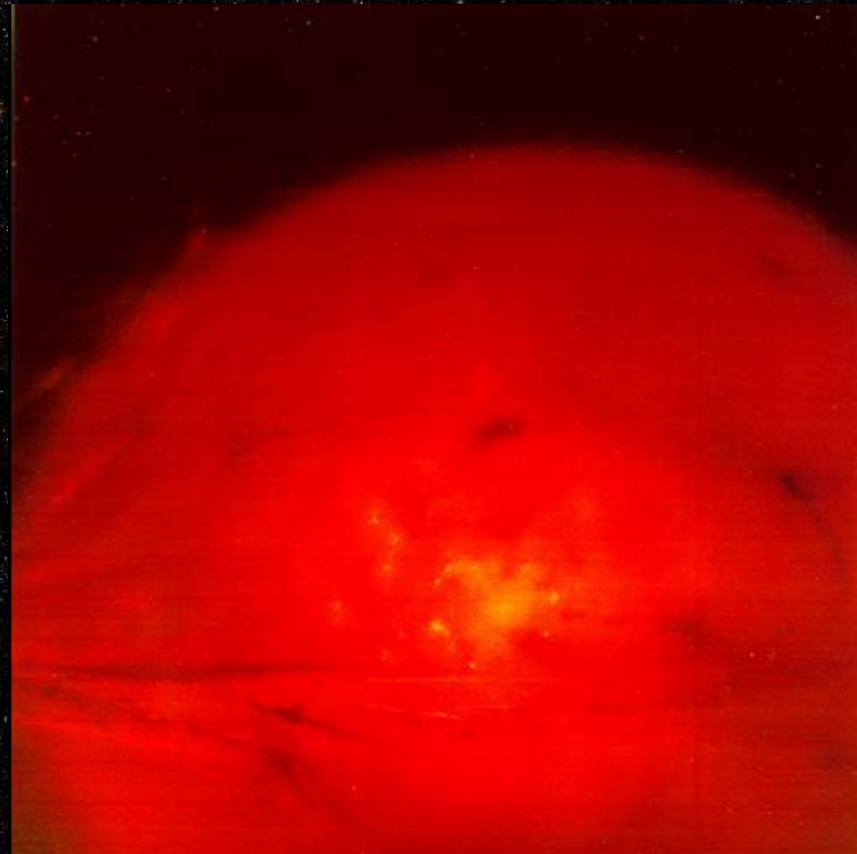


# He-burning in massive stars

He-burning is ignited on the  ${}^4\text{He}$  and  ${}^{14}\text{N}$  ashes of the preceding hydrogen burning phase!

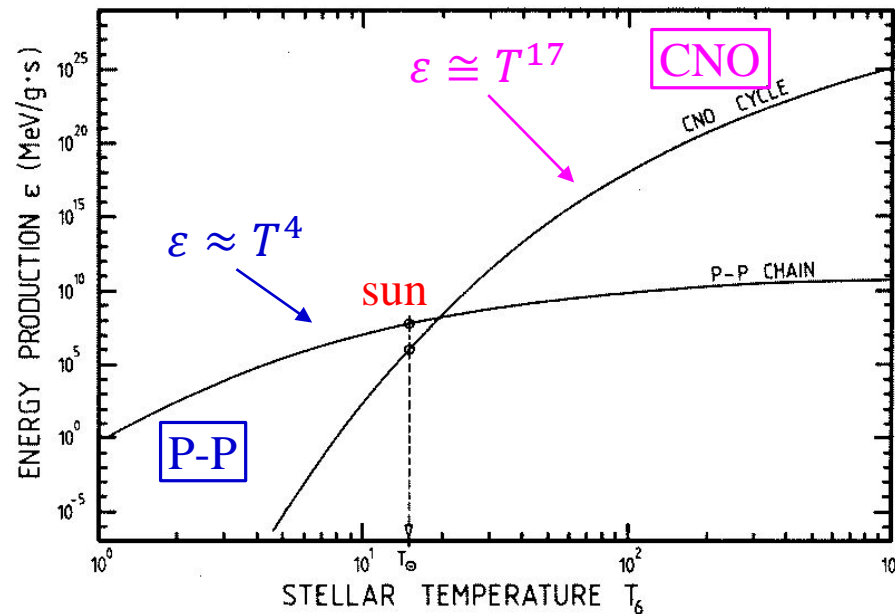
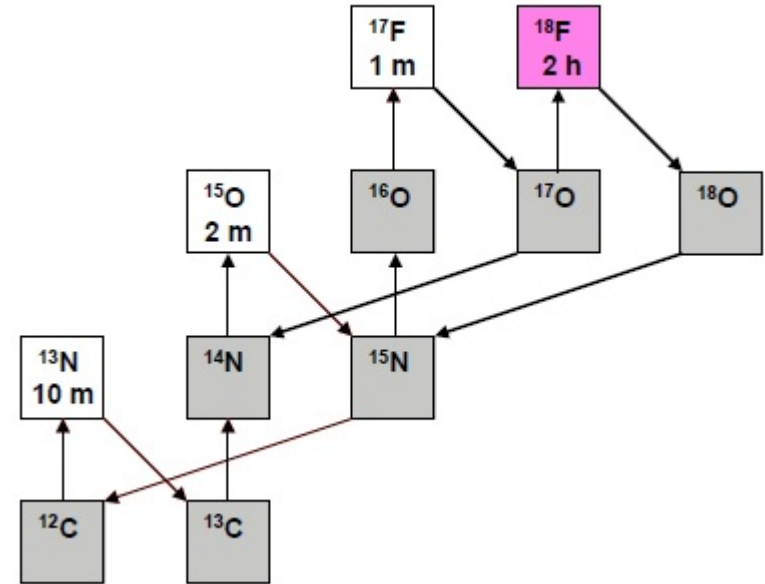


Most important reaction  
– triple alpha process –  
 $3\alpha \rightarrow {}^{12}\text{C} + 7.96 \text{ MeV}$

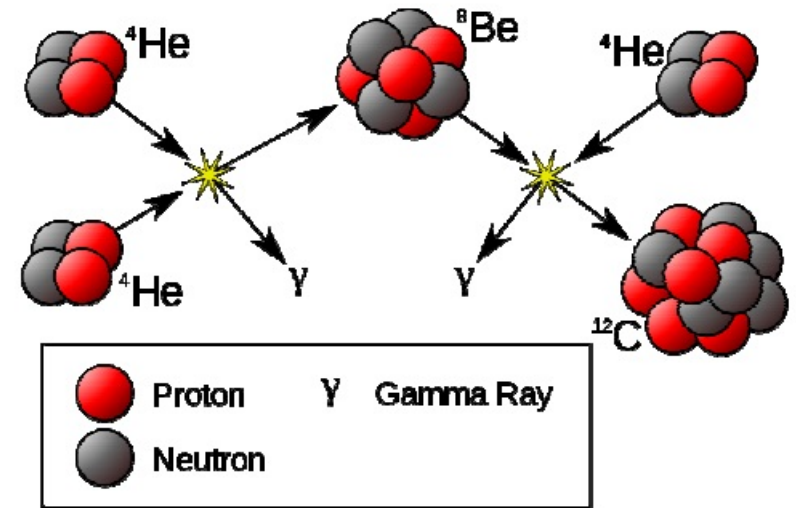
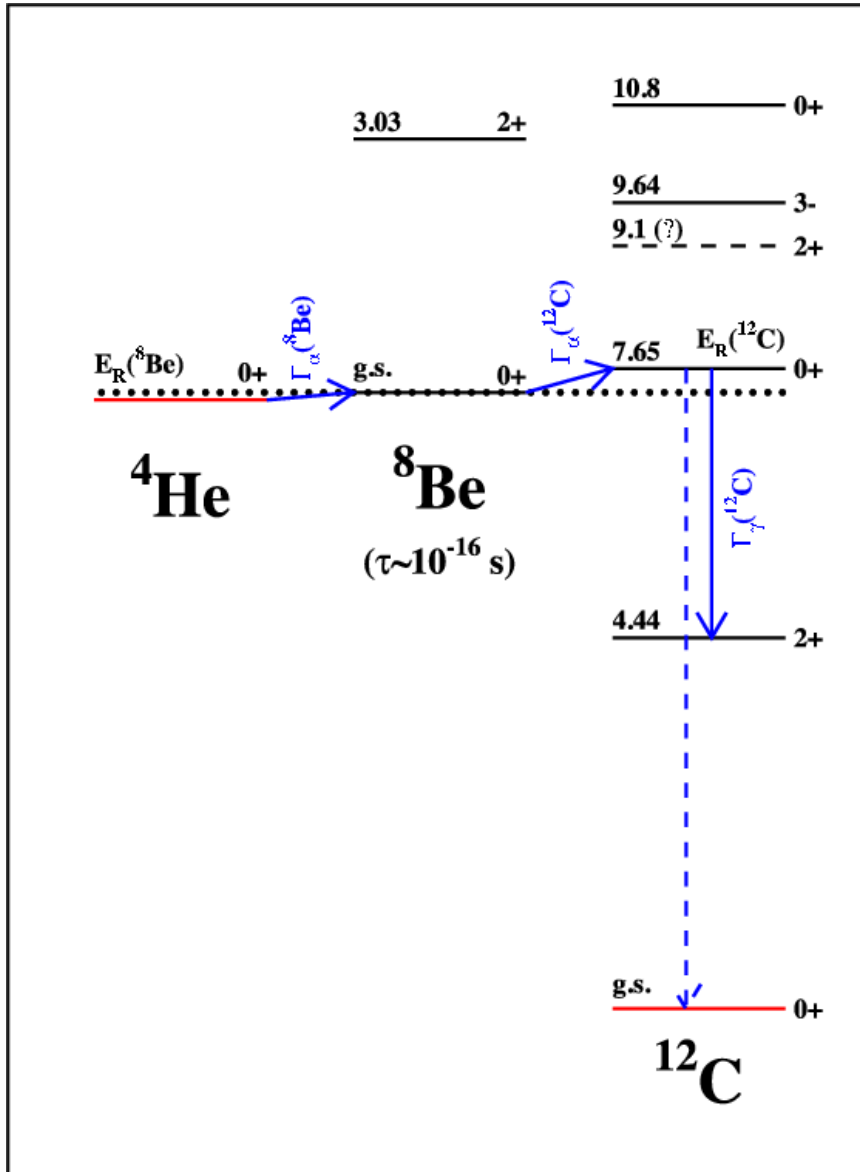


# CNO-cycle

- Dominant source of energy generation in stars heavier than the sun
- What is CNO contribution to energy production in the sun? few %?
- CNO abundances in sun certain
- Stellar photospheric metallicity disagrees with helioseismology



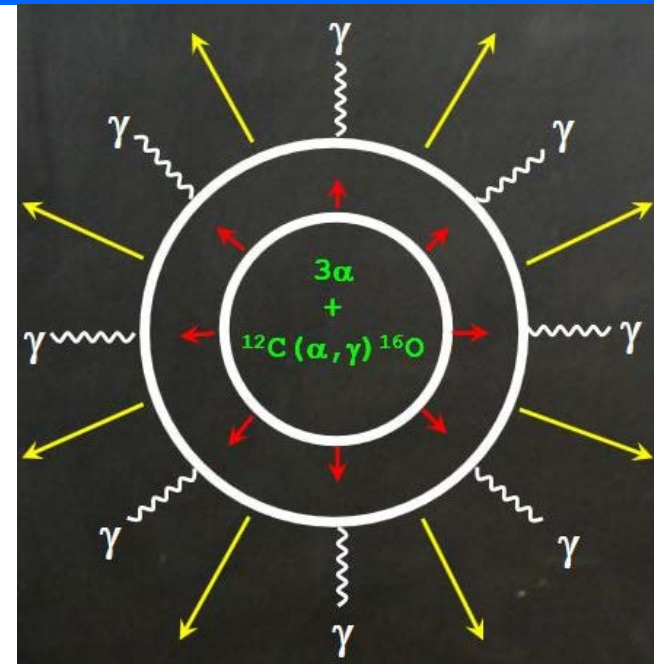
# Critical reactions in He-burning



Resonance in Gamow window  
- C is made !

# He burning

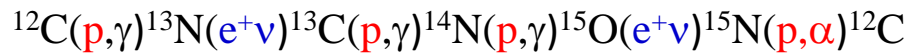
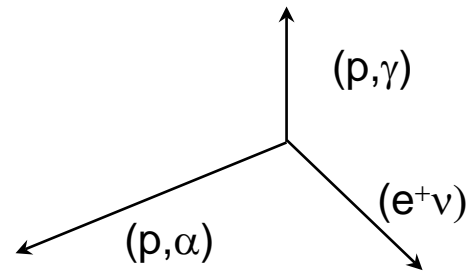
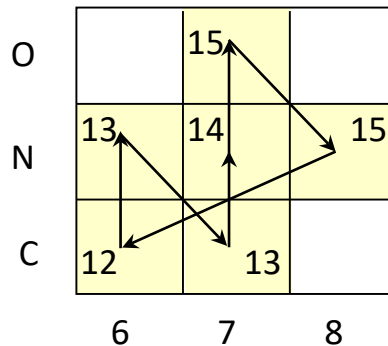
- Typical conditions:
  - Temperature:  $(1-2) 10^8$  K
  - Density: a few  $10^2 - 10^4$  g/cm<sup>3</sup>
- Net reaction:  $4\text{He} (2\alpha, \gamma) {}^{12}\text{C}$
- fuel: helium
- main products: carbon, oxygen
- $4\text{He} + 4\text{He} \leftrightarrow {}^8\text{Be} + \gamma$   
 ${}^8\text{Be} + 4\text{He} \leftrightarrow {}^{12}\text{C} + \gamma$
- and  ${}^{12}\text{C} + 4\text{He} \rightarrow {}^{16}\text{O} + \gamma$
- **difficulty**: lifetime of  ${}^8\text{Be} \sim 10^{-16}$  s  
→ Hoyle state (resonance in  ${}^{12}\text{C}$  at  $E=7.68$  MeV)
- Other products:  ${}^{21,22}\text{Ne}$ ,  ${}^{25,26}\text{Mg}$ ,  ${}^{36}\text{S}$ ,  ${}^{37}\text{Cl}$ ,  ${}^{40}\text{K}$ ,  ${}^{40}\text{Ar}$
- ${}^{14}\text{N} (\alpha, \gamma) {}^{18}\text{F} (e^+, \nu) {}^{18}\text{O} (\alpha, \gamma) {}^{22}\text{Ne} (\alpha, n) {}^{25}\text{Mg}$



$$kT \sim 8.6 \times 10^{-8} T[\text{K}] \text{ keV}$$

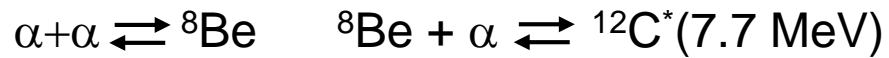
# CNO-cycle

## CNO cycle



Cycle limited by  $\beta$ -decay of  $^{13}\text{N}$  ( $t \sim 10$  min) and  $^{15}\text{O}$  ( $t \sim 2$  min)

CNO isotopes act as catalysts



**nucleosynthesis**

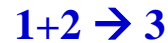
**energy production**

changes in stellar conditions  $\Rightarrow$  changes in energy production and nucleosynthesis

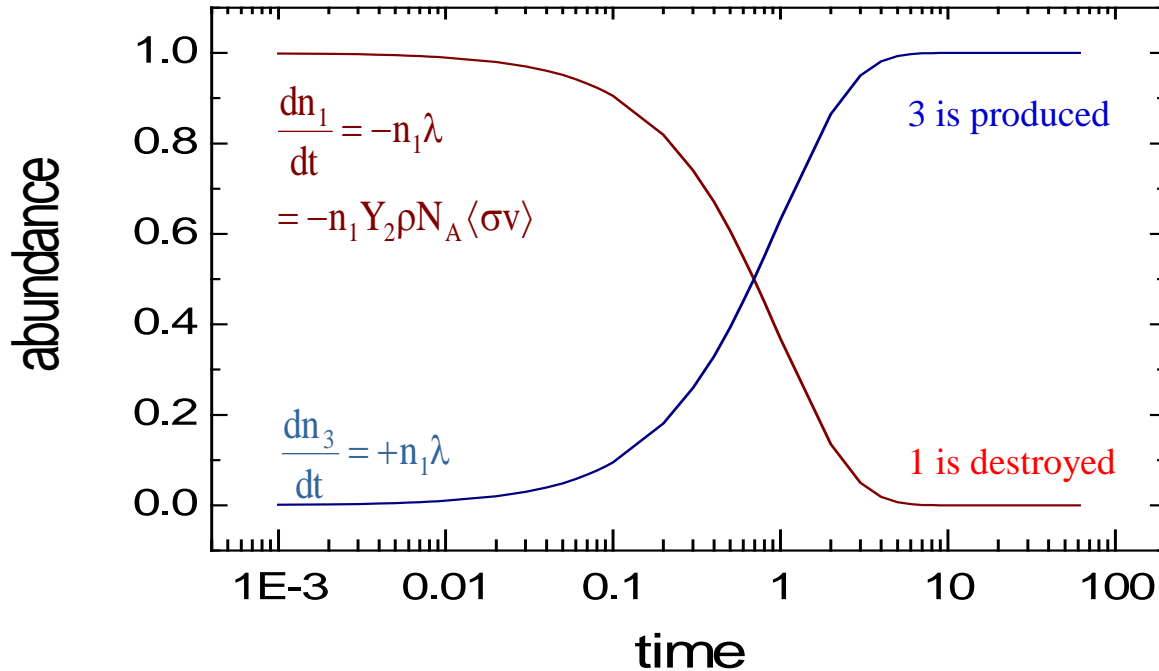
need to know **REACTION RATE** at all temperatures to determine **ENERGY PRODUCTION**

# Abundance change and lifetimes

consider reaction



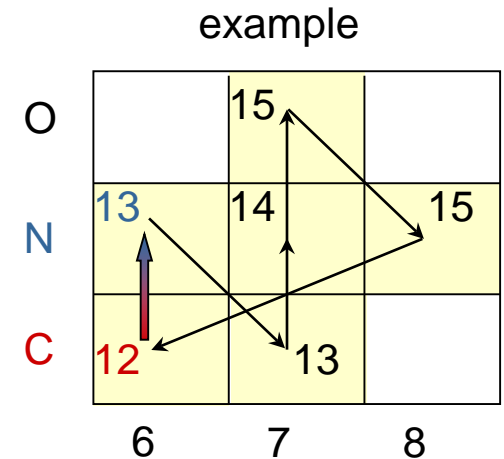
where **1** is destroyed through capture of **2** and **3** is produced



define:

lifetime of 1 against destruction by with 2:

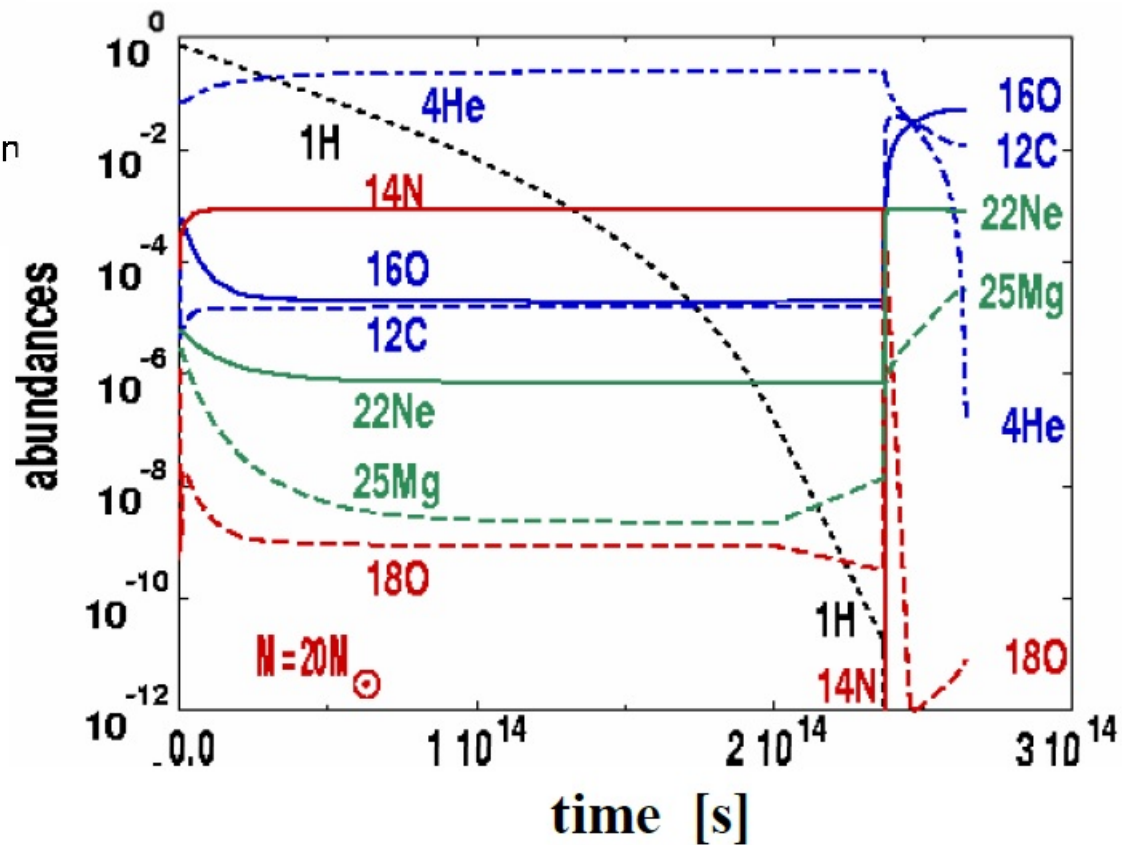
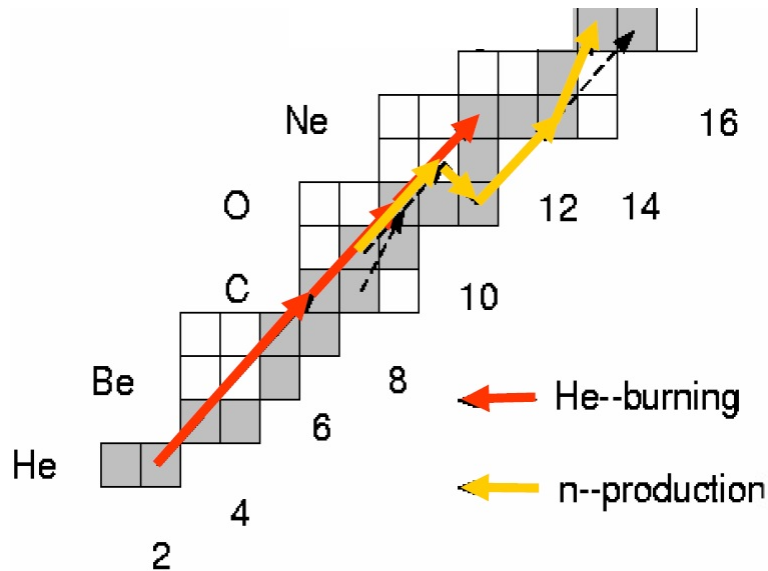
$$\tau = \frac{1}{\lambda} = \frac{1}{Y_1 \rho N_A \langle \sigma v \rangle}$$



need to know **REACTION RATE** at all temperatures to determine **NUCLEOSYNTHESIS**



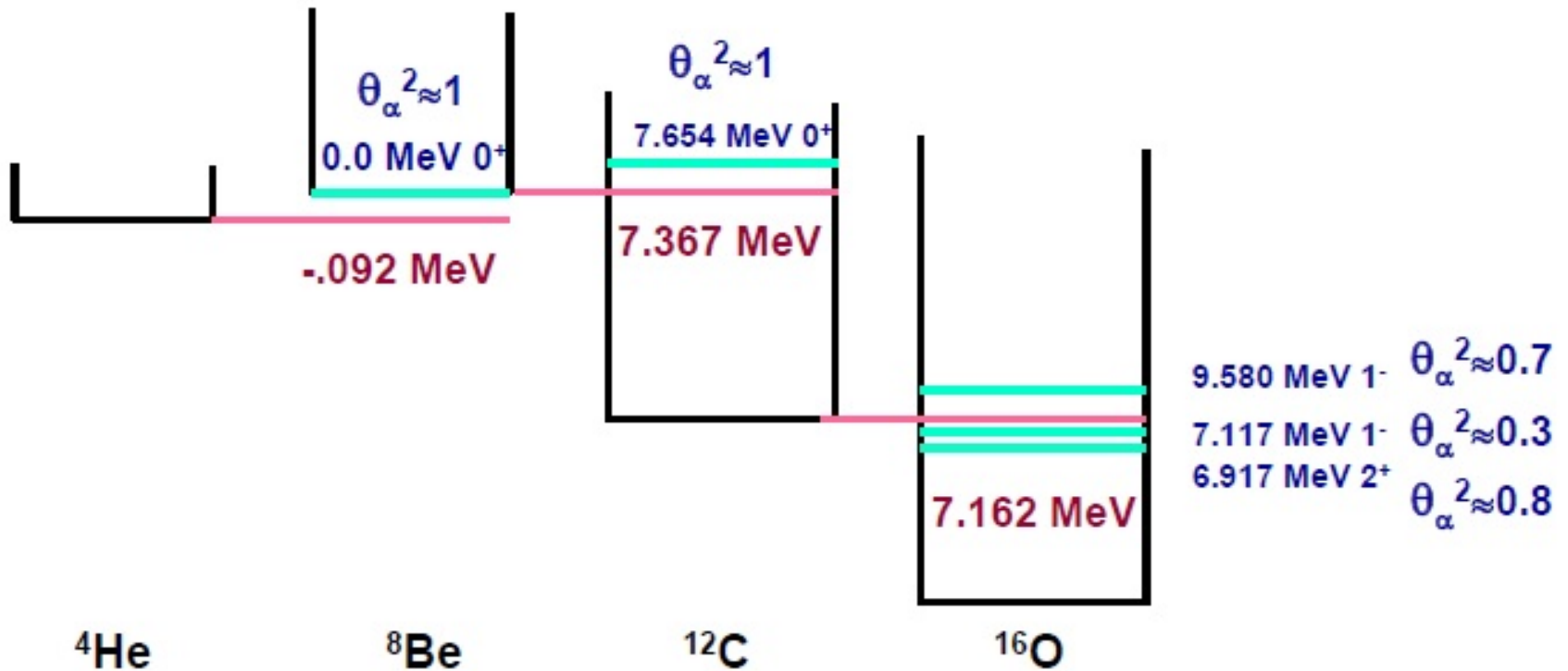
# Abundance evolution in stellar core



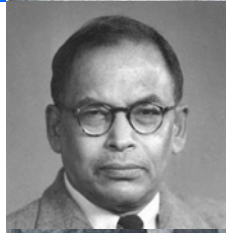
Decline of  ${}^4\text{He}$  (time scale)  
 increase in  ${}^{12}\text{C}$ ,  ${}^{16}\text{O}$   
 → equilibrium  ${}^{12}\text{C}/{}^{16}\text{O}$   
 rapid decline in  ${}^{14}\text{N}$

# The case of $3\alpha$ and $^{12}\text{C}(\alpha,\gamma)^{16}\text{O}$

Reaction rates determined by  $\alpha$  cluster state configurations providing strong resonances!

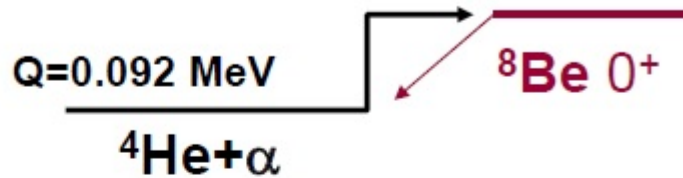


# The ( $\alpha\alpha\alpha$ ) reaction as two step process



Meghnad Saha

first step!



$$T_{1/2}(^8\text{Be}) = 9.7 \cdot 10^{-17} \text{ s}$$

$$\Gamma_{\alpha} = 6.8 \text{ eV}$$

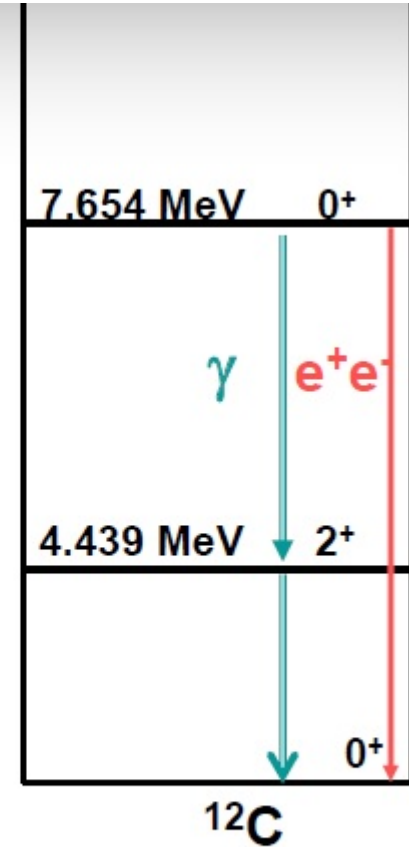
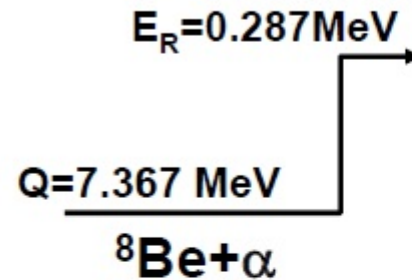
pure  $\alpha$  cluster configuration

## Example for ${}^8\text{Be}$ equilibrium abundance:

Case of typical He-burning:  $T=0.1\text{GK} \Rightarrow T_9=0.1$ ;  $\rho=10^5\text{ g/cm}^3$

# Resonant capture on $^8\text{Be}$

The Hoyle resonance!



$$N_A \langle \sigma v \rangle = 1.54 \cdot 10^{11} \cdot \omega \gamma \cdot \left( \frac{1}{\mu \cdot T_9} \right)^{3/2} \cdot e^{-\left( \frac{11.605 \cdot E_R}{T_9} \right)}$$

$$\omega \gamma = (2J + 1) \cdot \frac{\Gamma_{in} \cdot \Gamma_{out}}{\Gamma_{tot}}$$

Decay by sequential E2  $\gamma$  transitions  
or internal  $e^+ e^-$  pair conversion

# The resonance strength

$$\omega\gamma = \frac{\Gamma_\alpha \cdot (\Gamma_\gamma + \Gamma_{e^+e^-})}{\Gamma_\alpha + \Gamma_\gamma + \Gamma_{e^+e^-}}$$

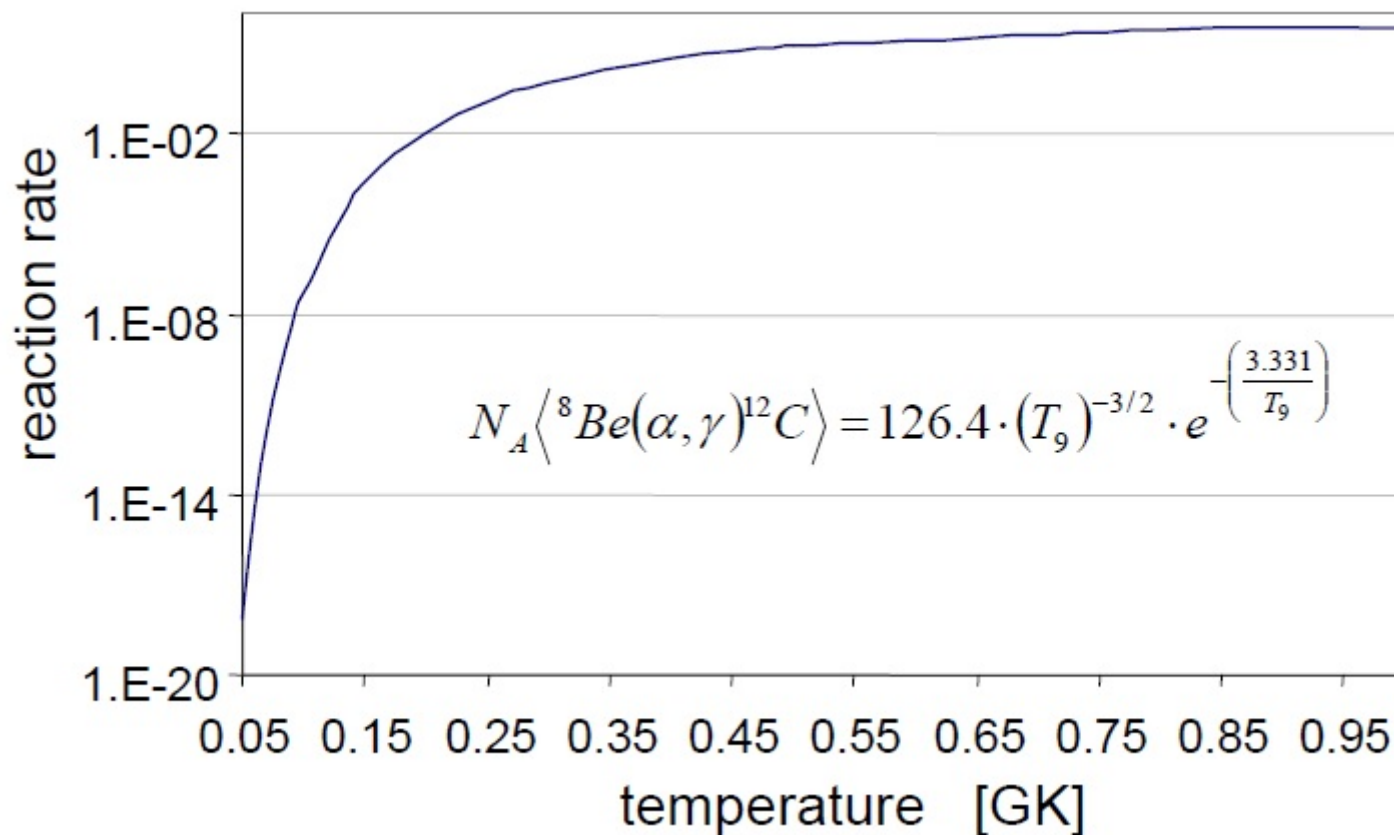
$$\Gamma_\alpha = 8.09 \pm 1.08 \text{ eV}$$

$$\Gamma_\gamma = 3.58 \pm 0.5 \text{ meV} \quad \frac{\Gamma_{rad}}{\Gamma_{tot}} = 4.12 \cdot 10^{-4}$$

$$\Gamma_{e^+e^-} = 60.6 \pm 3.9 \text{ } \mu\text{eV}$$

$$\omega\gamma = 3.58 \cdot 10^{-9} \text{ MeV} \quad \pm 12\%$$

# The ${}^8\text{Be}+\alpha$ reaction rate



# How did they do the experiment?

- Used a deuterium beam on a  $^{11}\text{B}$  target to produce  $^{12}\text{B}$  via a (d,p) reaction.
- $^{12}\text{B}$   $\beta$ -decays within 20 ms into the second excited state in  $^{12}\text{C}$
- This state then immediately decays under alpha emission into  $^8\text{Be}$
- Which immediately decays into 2 alpha particles

So they saw after the delay of the  $\beta$ -decay 3 alpha particles coming from their target after a few ms of irradiation

**This proved that the state can also be formed by the 3 alpha process ...**

→ removed the major roadblock for the theory that elements are made in stars

→ Nobel Prize in Physics 1983 for Willy Fowler (alone !)





# The total $\langle \alpha\alpha\alpha \rangle$ rate

$$r_{\alpha\alpha\alpha} = N_{^8\text{Be}} \cdot \rho \cdot \frac{X_\alpha}{A_\alpha} \cdot N_A \langle ^8\text{Be}(\alpha, \gamma)^{12}\text{C} \rangle$$

Step 1

Step 2

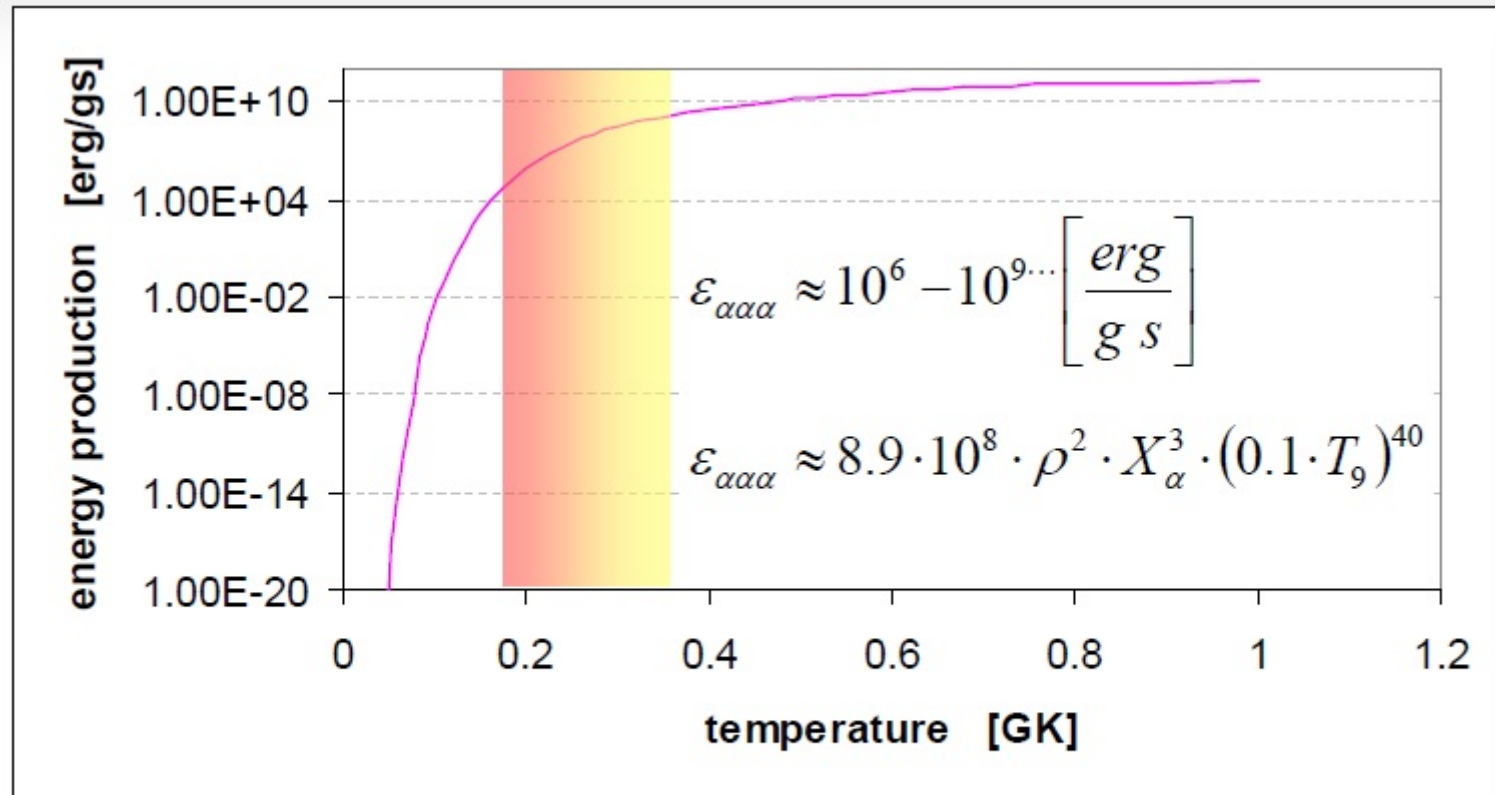
$$N(^8\text{Be}) = 6 \cdot 10^{-35} \cdot N_\alpha^2 \cdot T_9^{-3/2} \cdot e^{\left(\frac{-1.068}{T_9}\right)}$$

$$N_A \langle ^8\text{Be}(\alpha, \gamma)^{12}\text{C} \rangle = 126.4 \cdot (T_9)^{-3/2} \cdot e^{\left(\frac{3.331}{T_9}\right)}$$

$$r_{\alpha\alpha\alpha} = \frac{1.26 \cdot 10^{-56}}{1 + \delta_{\alpha\alpha}} \cdot N_\alpha^3 \cdot T_9^{-3} \cdot e^{\left(\frac{-11.605 \cdot (0.092 + 0.278)}{T_9}\right)}$$

$$r_{\alpha\alpha\alpha} = 1.38 \cdot 10^{15} \cdot \rho^3 \cdot \left(\frac{X_\alpha}{4}\right)^3 \cdot T_9^{-3} \cdot e^{\left(\frac{-4.294}{T_9}\right)} \quad [\text{cm}^{-3} \text{s}^{-1}]$$

Example:  $\rho=10^5 \text{ g/cm}^3$



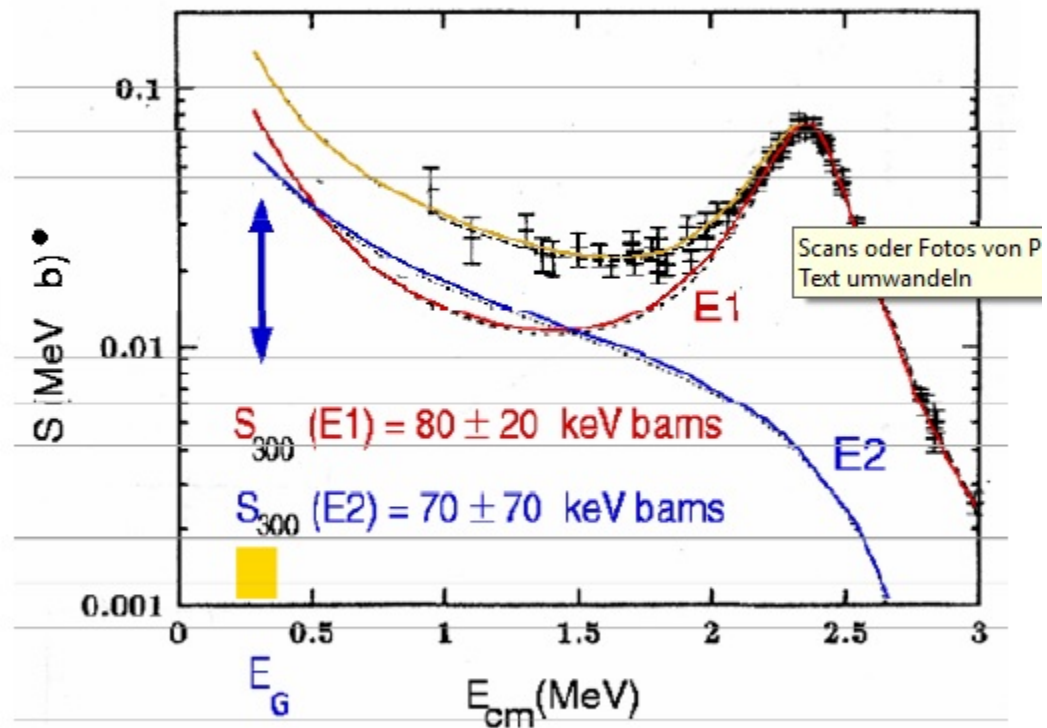
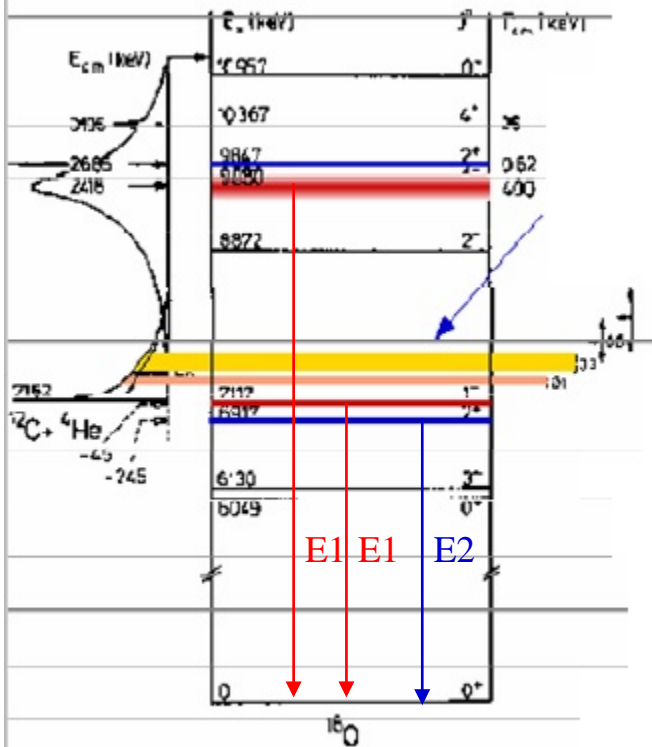
T-dependent main energy source for stellar He-burning

- Typical conditions:
    - Temperature:  $(6-8) 10^8$  K
    - Density:  $10^5$  g/cm<sup>3</sup>
  - Net reaction:  $^{12}\text{C} + ^{12}\text{C}$
  - fuel: carbon
  - main products: neon, magnesium, oxygen
  - $^{12}\text{C} + ^{12}\text{C} \rightarrow \alpha + ^{20}\text{Ne}$  ( $Q = 4.62$  MeV)
  - $^{12}\text{C} + ^{12}\text{C} \rightarrow \text{p} + ^{23}\text{Na}$  ( $Q = 2.24$  MeV)
  - other reactions:  $^{23}\text{Na} + \text{p} \rightarrow \alpha + ^{20}\text{Ne}$   
 $^{20}\text{Ne} + \alpha \rightarrow ^{24}\text{Mg}$
  - $^{12}\text{C} + \alpha \rightarrow ^{16}\text{O} + \gamma$
- conversion of  $^4\text{He}$  into  $^{12}\text{C}$  and  $^{16}\text{O}$

$$kT \sim 8.6 \times 10^{-8} T[\text{K}] \text{ keV}$$

# $^{12}\text{C}(\alpha,\gamma)^{16}\text{O}$ , the Holy Grail

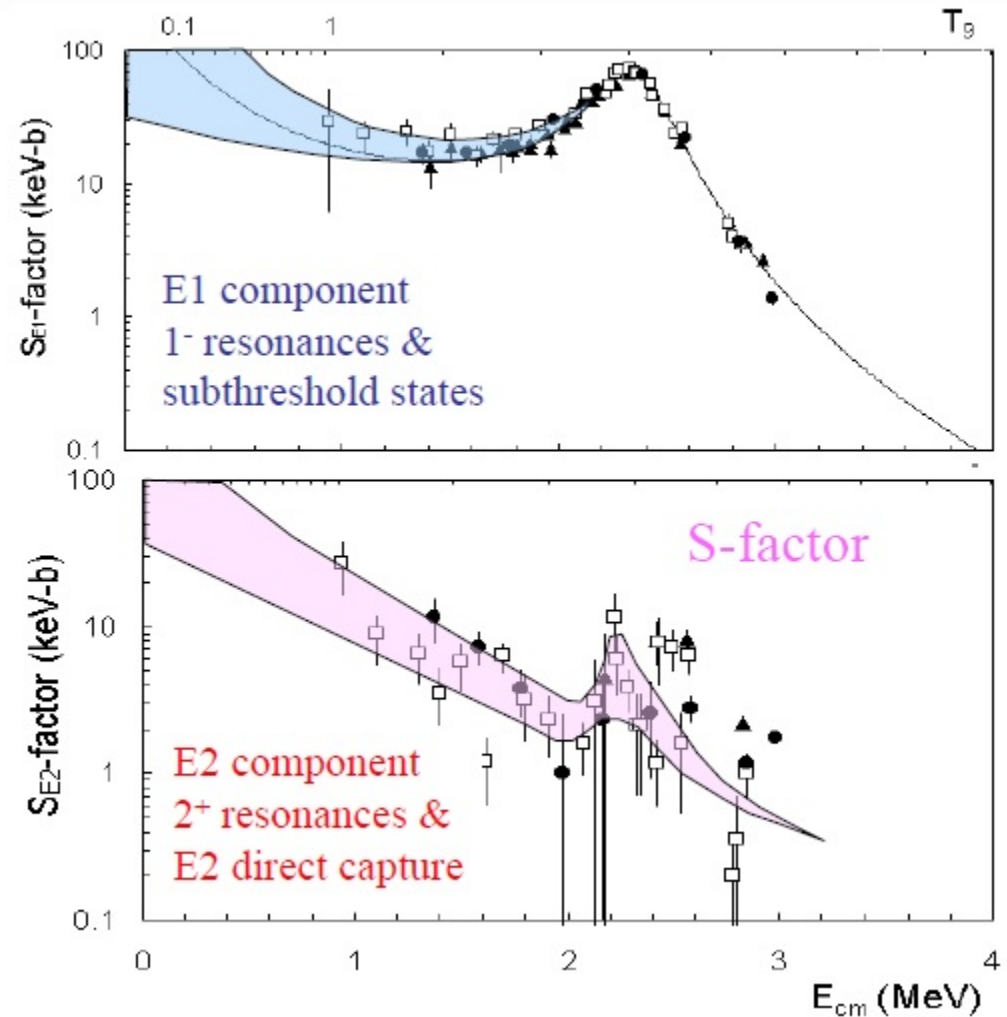
Level and Interference Structure between  $1^-$  levels (E1) and  $2^+$  states (E2).



Uncertainty in low energy extrapolation

# Reaction contributions in $^{12}\text{C}(\alpha,\gamma)^{16}\text{O}$

Difficulty in the reliability of low energy extrapolation



# $^{12}\text{C}(\alpha,\gamma)^{16}\text{O}$ reaction rate

$$N_A \langle \sigma v \rangle = 6.9 \cdot 10^8 \cdot T_9^{-2/3} \cdot S_{eff} [\text{MeV} - b] \cdot e^{-\frac{32.11}{T_9^{1/3}}} \left[ \frac{\text{cm}^3}{\text{s}} \right]$$

$$S_{eff} \approx 0.17 [\text{MeV} - b]$$

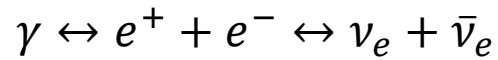
$$N_A \langle \sigma v \rangle \approx 1.2 \cdot 10^8 \cdot T_9^{-2/3} \cdot e^{-\frac{32.11}{T_9^{1/3}}} \left[ \frac{\text{cm}^3}{\text{s}} \right]$$

Only very crude estimate!

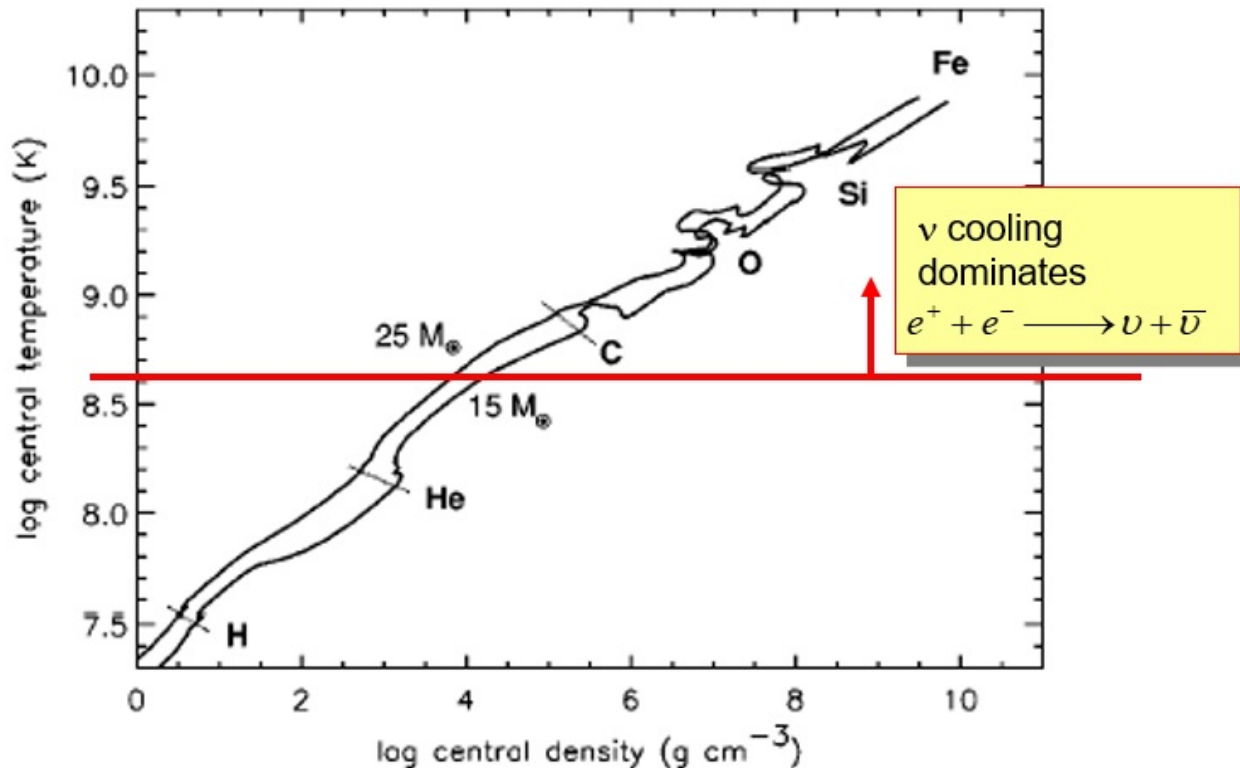
E-T dependency needs to be considered!

# The role of neutrino-losses

- At temperatures above  $\sim 10^9$  K: pair-production



- Luminosity of **photons** and **neutrinos**



- Typical conditions:

- Temperature:  $(1-2) 10^9$  K
- Density:  $10^6$  g/cm<sup>3</sup>

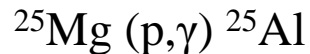
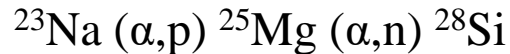
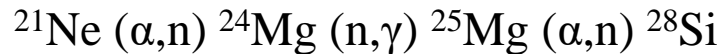
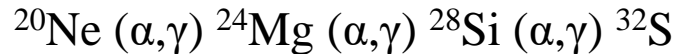
- Reactions:  $^{20}\text{Ne} + ^{20}\text{Ne} \rightarrow ^{16}\text{O} + ^{24}\text{Mg} + 4.59 \text{ MeV}$

- fuel: neon

- main products: oxygen, silicon

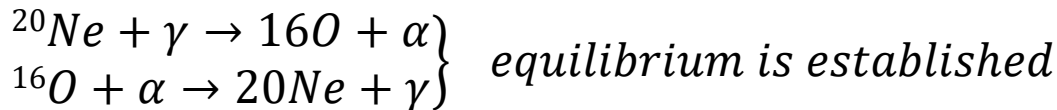
- $^{20}\text{Ne} (\gamma, \alpha) ^{16}\text{O}$

- other reactions:



Why would neon burn before oxygen?

Temperatures are sufficiently high to initiate **photodisintegration** of  $^{20}\text{Ne}$

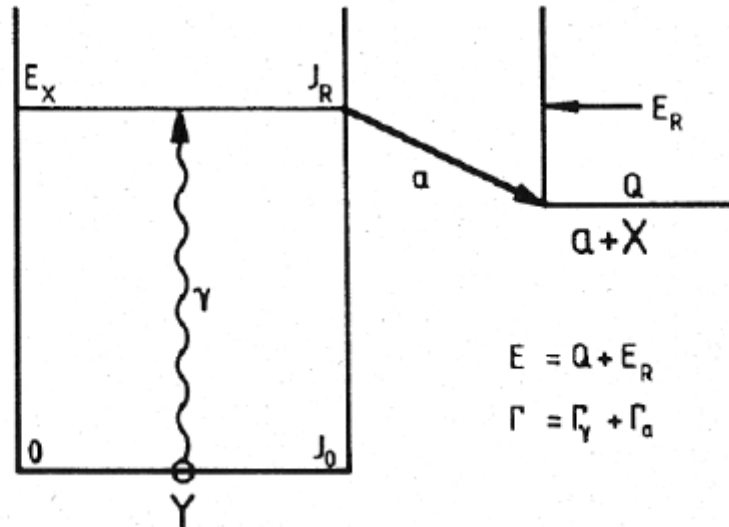
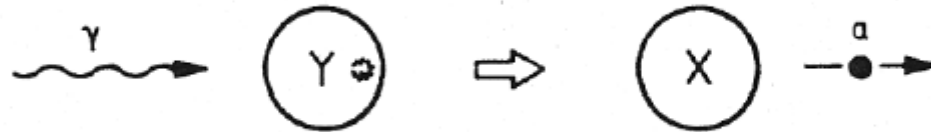


$$kT \sim 8.6 \times 10^{-8} T[\text{K}] \text{ keV}$$



# Photodisintegration

PHOTODISINTEGRATION  $Y(\gamma, \alpha)X$



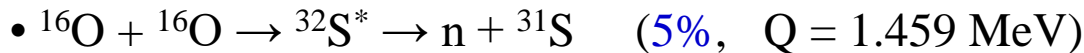
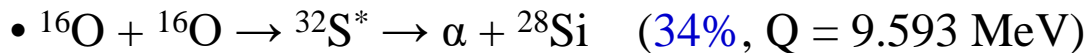
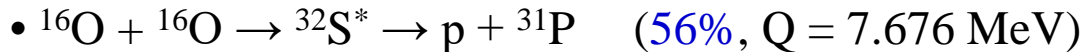
- Typical conditions:

- Temperature:  $(1.5-2.2) 10^9$  K
- Density:  $10^7$  g/cm<sup>3</sup>

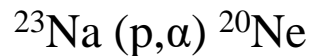
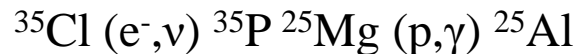
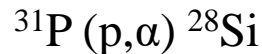
- Reactions:

- fuel: oxygen

- main products: silicon, sulfur (90%)



- other reactions:



$$kT \sim 8.6 \times 10^{-8} T[\text{K}] \text{ keV}$$

- Typical conditions:

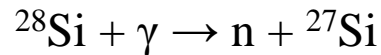
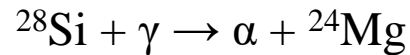
- Temperature:  $(3-4) 10^9$  K
- Density:  $10^9$  g/cm<sup>3</sup>

- Net reaction:  $^{28}\text{Si} + ^{28}\text{Si}$

- fuel: silicon

- main products: Fe-group elements ( $A = 50-60$  nuclei)

- other reactions:  $^{28}\text{Si} + \gamma \rightarrow \text{p} + ^{27}\text{Al}$



- Balance between forward and reverse reactions

for increasing number of processes:  $a + b \leftrightarrow c + d$

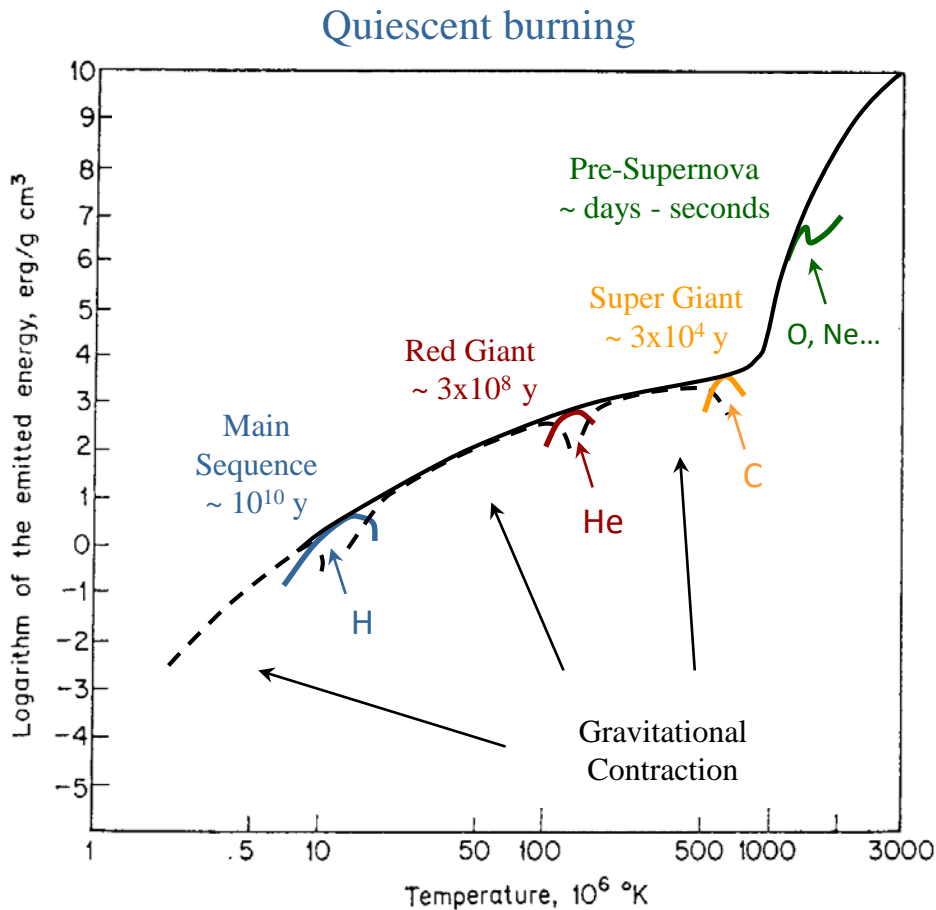
→ Nuclear Statistical Equilibrium (NSE)

$$kT \sim 8.6 \times 10^{-8} T[\text{K}] \text{ keV}$$

# Stellar evolution

Main parameters governing evolution: initial mass & initial chemical composition

Example: evolution stages of a  $25 M_{\odot}$  star



Energy generation rate

$$\epsilon \sim T^n$$

$$n \sim 4 \text{ (H-burning)}$$

$$n \sim 30 \text{ (C-burning)}$$



innermost regions only  
contribute to nuclear burning

e.g. 1/10 M for H-burning  
less for subsequent stages



H-burning  $\equiv$  MAIN SEQUENCE  
longest stage of star's lifetime

# Summary stellar burning

TABLE 8.1 Evolutionary Stages of a  $25 M_{\odot}$  Star<sup>a</sup>

Stage	Time Scale	Temperature ( $T_9$ )	Density ( $\text{g cm}^{-3}$ )
Hydrogen burning	$7 \times 10^6$ y	0.06	5
Helium burning	$5 \times 10^5$ y	0.23	$7 \times 10^2$
Carbon burning	600 y	0.93	$2 \times 10^5$
Neon burning	1 y	1.7	$4 \times 10^6$
Oxygen burning	6 months	2.3	$1 \times 10^7$
Silicon burning	1 d	4.1	$3 \times 10^7$
Core collapse	seconds	8.1	$3 \times 10^9$
Core bounce	milliseconds	34.8	$\simeq 3 \times 10^{14}$
Explosive burning	0.1–10 s	1.2–7.0	Varies

>0.8M<sub>0</sub> ↓  
>8M<sub>0</sub> ↓  
>12M<sub>0</sub> ↓

Why do timescales get smaller ?

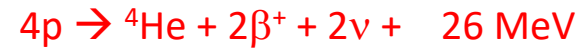
**Note:** Kelvin-Helmholtz timescale for red supergiant  $\sim 10,000$  years, so for massive stars, no surface temperature - luminosity change for C-burning and beyond

# ... and nucleosynthesis

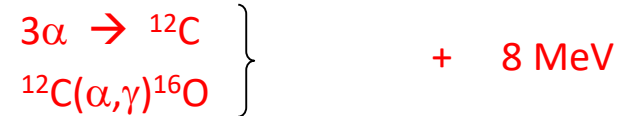
nucleosynthesis

energy

HYDROGEN BURNING (1<sup>st</sup> equilibrium)



HELIUM BURNING (2<sup>nd</sup> equilibrium)



<sup>12</sup>C/<sup>16</sup>O BURNING

... <sup>12</sup>C ashes = Ne, Na, Mg

... <sup>16</sup>O ashes = Al, ... Si

<sup>28</sup>Si MELTING

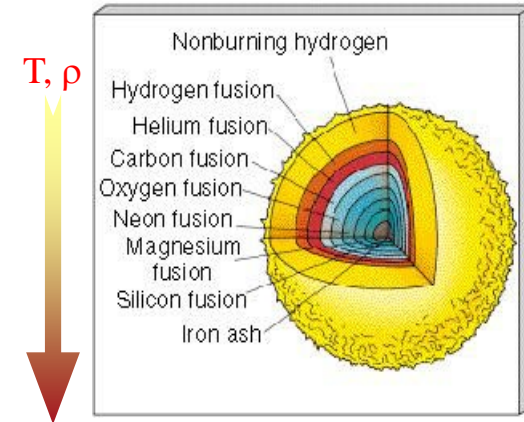
major ash = <sup>56</sup>Fe

... A = 40-65

further reactions endothermic

gravitational collapse

## The Stellar Onion



## SUPERNOVA EXPLOSION

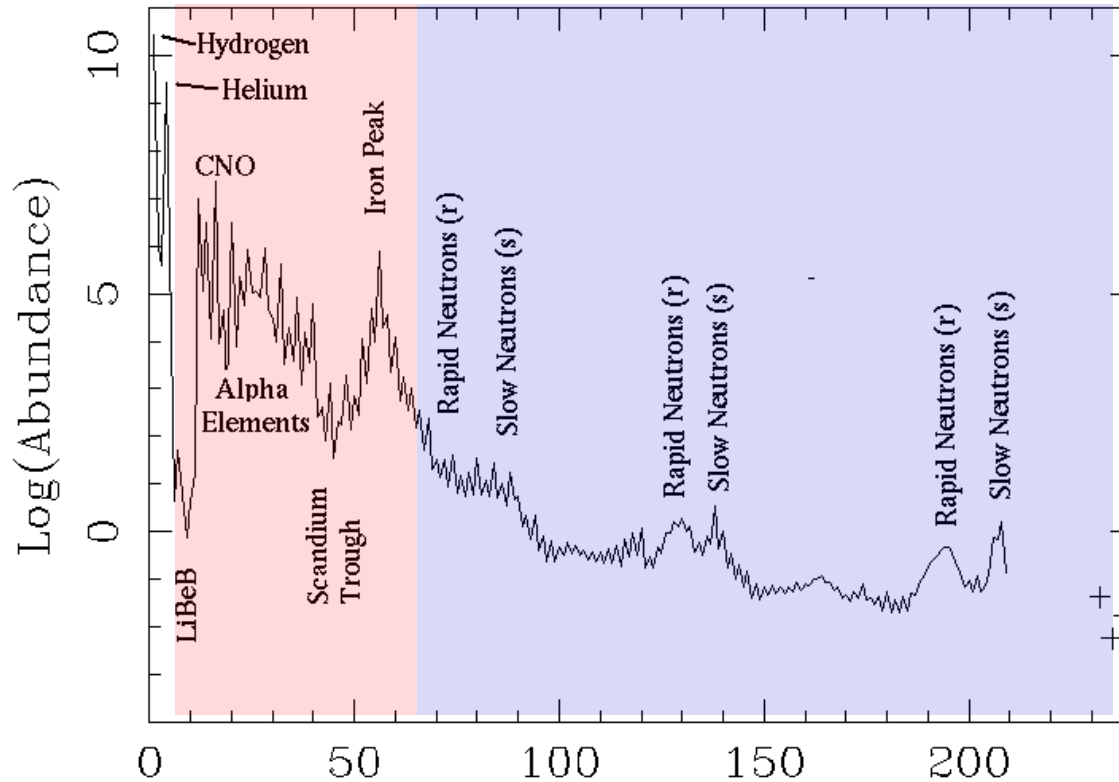
neutron star



black hole

# Nuclear processes in stars

Standard Abundance Distribution (SAD) vs. A



**charged-particle  
induced reaction**

during quiescent stages  
of stellar evolution



involve mainly **STABLE NUCLEI**

A

**mainly neutron  
capture reaction**

mainly during explosive stages  
of stellar evolution



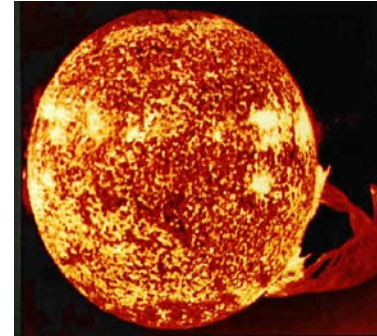
involve mainly **UNSTABLE NUCLEI**

Interstellar gas



**BIRTH**  
gravitational  
contraction

Stars



explosion  
ejection

**DEATH**

mixing of  
interstellar gas

thermonuclear  
reactions

- energy production
- stability against collapse
- synthesis of “metals”

